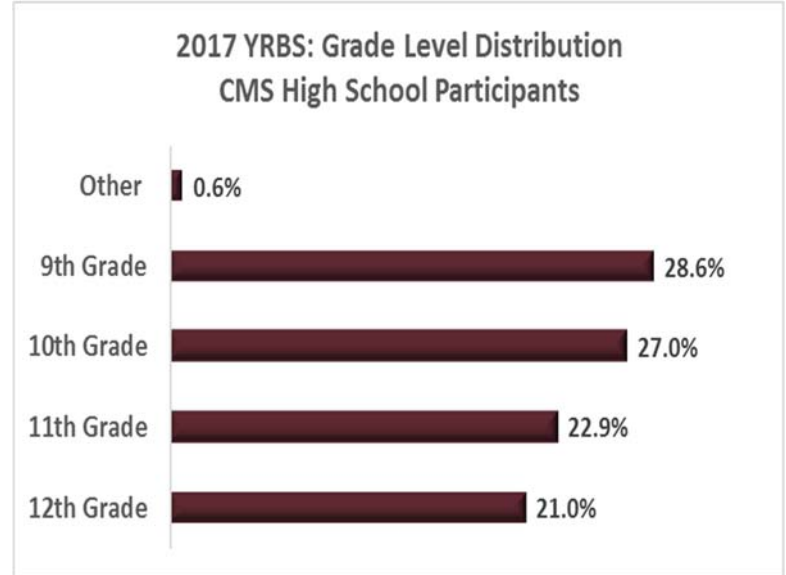





The Youth Risk Behavior Survey (YRBS) produced by the Centers for Disease Control and Prevention and conducted every two years, assesses health risk behaviors that contribute to some of the leading causes of morbidity and mortality in youth.

In 2017, the YRBS was completed by 2,233 students in 28 public and charter middle schools in the Charlotte Mecklenburg School District. Among middle school students participating in the survey:


- 49.7% were female; 50.3% were male
- 41.4% were African American, Non Hispanic
- 29.7% were White, Non Hispanic
- 20.2% were Hispanic/Latino



### Positive Trends

- 
- Reports of drinking while driving decreased from 7.5% in 2013 to 4.3% in 2017.
  - Cigarette smoking has steadily decreased over the past 10 years.
  - Ever having sexual intercourse has decreased by 20%.
  - Reports of alcohol consumption has decreased slightly.
  - Watching TV more than 3 hours a day decreased by almost 40%.

### Areas for Improvement

- 
- More than 30% of students reported feeling sad or hopeless so they stopped doing some usual activities.
  - Students who seriously considered suicide and those who made a plan how they would attempt suicide increased in the past 10 years.
  - Use of a computer more than 3 hours a day for something that wasn't for school work increased by almost 50% in the past 10 years.



# 2017 HIGHLIGHTS CHARLOTTE-MECKLENBURG HIGH SCHOOL STUDENTS

In 2017, the Youth Risk Behavior Survey was administered to 2,233 Charlotte-Mecklenburg High School Students in 28 schools. The following summary tables provide comparative local and state data for years 2009, 2011, 2013, 2015 and 2017, where data is available.

Unintentional Injury and Violence	2009			2011			2013			2015			2017		
	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US
Never or rarely wore a seat belt when riding in a car driven by someone else	8%	7%	10%	11%	8%	8%	7%	7%	8%	7%	7%	6%	7%	7%	6%
Rode in a car driven by someone who had been drinking alcohol in the past month	23%	21%	28%	24%	21%	24%	24%	19%	22%	22%	17%	20%	19%	15%	17%
Drove a car or other vehicle when they had been drinking alcohol in the past month	6%	8%	10%	8%	6%	8%	8%	6%	10%	7%	4%	8%	4%	4%	6%
Texted or emailed while driving in the past month	N/A			30%	35%	33%	39%	34%	41%	35%	38%	42%	33%	25%	39%
Carried a weapon such as a gun, knife, club in the past month	14%	20%	18%	16%	21%	17%	13%	21%	18%	22%	19%	16%	14%	18%	16%
Had been threatened or injured by a weapon in the past 12 months	8%	7%	8%	10%	9%	7%	9%	7%	7%	9%	5%	6%	8%	7%	6%
Been in a physical fight in the past 12 months	31%	29%	32%	32%	28%	33%	26%	24%	25%	22%	21%	23%	25%	22%	24%
Physically hurt on purpose by their boyfriend or girlfriend in the past 12 months	N/A						9%	9%	10%	9%	8%	10%	10%	6%	8%
Did not go to school because they felt unsafe at school or on their way to or from school in the past month	5%	6%	5%	8%	7%	6%	7%	7%	7%	9%	6%	6%	12%	10%	7%

Bullying and Harassment	2009			2011			2013			2015			2017		
	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US
Been bullied on school property in the past 12 months	16%	17%	20%	19%	21%	20%	16%	19%	20%	17%	16%	20%	17%	19%	19%
Have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual	N/A						10%	11%	N/A	12%	12%	N/A	12%	13%	N/A
Have been electronically bullied, such as through email, chat rooms, instant messaging, Web sites, or text messaging in the past month	12%	14%	N/A	16%	16%	16%	10%	13%	15%	11%	12%	16%	14%	14%	15%
Have seen other students being bullied in their school in the past month	N/A						N/A	59%	N/A	52%	53%	N/A	48%	51%	N/A

Psychological Health	2009			2011			2013			2015			2017		
	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US
Felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	28%	27%	26%	30%	28%	29%	29%	29%	30%	32%	26%	30%	31%	29%	32%
Seriously considered attempting suicide in the past 12 months	14%	13%	14%	15%	14%	16%	15%	17%	17%	17%	16%	18%	17%	16%	17%
Made a plan about how they would attempt suicide in the past 12 months	10%	10%	11%	13%	14%	13%	14%	13%	14%	14%	14%	15%	14%	14%	14%
Attempted suicide one or more times in the past 12 months	14%	10%	6%	15%	5%	8%	8%	N/A	8%	N/A	N/A	9%	10%	8%	7%



# 2017 HIGHLIGHTS CHARLOTTE-MECKLENBURG HIGH SCHOOL STUDENTS

Substance Abuse	2009			2011			2013			2015			2017		
	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US
Smoked cigarettes on one or more days in the past 30 days	13%	18%	20%	14%	18%	10%	10%	15%	16%	10%	13%	11%	8%	12%	9%
Ever used an electronic vapor product (e-cigs, e-cigars, vape pipes, e-hookahs and hookah pens)	N/A									48%	49%	45%	43%	44%	42%
Currently use an electronic vapor product (e-cigs, e-cigars, vape pipes, e-hookahs and hookah pens)	N/A									27%	30%	24%	20%	22%	13%
Had at least one drink of alcohol on one or more days in the past 30 days	33%	35%	42%	34%	34%	39%	34%	32%	35%	32%	29%	33%	25%	27%	30%
Had 5 or more drinks of alcohol in a row within a couple of hours (binge drinking) in the past month	14%	19%	24%	16%	18%	22%	17%	15%	21%	15%	13%	18%	11%	12%	14%
Used marijuana one or more times in the past month	21%	20%	21%	28%	24%	40%	29%	23%	23%	24%	22%	22%	21%	19%	20%
Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	11%	12%	12%	12%	11%	11%	10%	8%	9%	8%	8%	7%	10%	9%	6%
Offered, sold, or given an illegal drug by someone on school property in the past 12 months	38%	30%	23%	38%	30%	26%	33%	24%	22%	31%	25%	22%	25%	22%	20%

Sexual Behavior	2009			2011			2013			2015			2017		
	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US
Ever had sexual intercourse	50%	51%	46%	50%	49%	47%	46%	47%	47%	40%	44%	41%	38%	38%	40%
Currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)	35%	37%	34%	35%	35%	34%	31%	32%	34%	26%	33%	30%	25%	25%	29%
Had sexual intercourse with four or more people during their lifetime	17%	13%	14%	20%	17%	15%	16%	15%	15%	12%	13%	12%	8%	9%	10%
Drank alcohol or used drugs before last sexual intercourse	19%	28%	22%	26%	25%	22%	16%	21%	22%	12%	17%	21%	18%	N/A	19%
Parents or other adults in their family talked with them about what they expect them to do or not to do when it comes to sex	78%	46%	N/A	N/A	77%	N/A	27%	73%	N/A	67%	70%	N/a	64%	61%	N/A

Weight Management	2009			2011			2013			2015			2017		
	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US
Overweight (at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)	17%	15%	16%	15%	16%	15%	14%	15%	17%	14%	16%	16%	15%	16%	16%
Obese (at or above the 95th percentile for body mass index, by age and sex)	11%	13%	12%	13%	13%	13%	12%	13%	14%	13%	16%	14%	12%	15%	15%
Described themselves as slightly or very overweight	28%	28%	28%	26%	27%	29%	27%	29%	31%	28%	28%	32%	28%	30%	32%
Are trying to lose weight	44%	46%	44%	42%	45%	46%	45%	46%	48%	44%	46%	46%	44%	44%	47%



# 2017 HIGHLIGHTS CHARLOTTE-MECKLENBURG HIGH SCHOOL STUDENTS

Selected Health Issues	2009			2011			2013			2015			2017		
	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US	Meck	NC	US
Ever been told by a doctor or nurse that they had asthma	19%	22%	22%	24%	23%	23%	23%	24%	21%	23%	26%	23%	24%	25%	23%
Get eight or more hours of sleep on an average school night	21%	29%	31%	21%	N/A	31%	18%	28%	32%	14%	25%	27%	16%	24%	25%

Assesses for Healthy Development	2013		2015		2017	
	Meck	NC	Meck	NC	Meck	NC
Strongly agree or agree that they feel good about themselves	76%	75%	69%	71%	69%	68%
Disagree or strongly disagree they they feel alone in their life	N/A	67%	58%	61%	56%	57%
Most likely talk with their parent or other adult family member about their feelings (among students who report having felt sad, empty, hopeless, angry, or anxious)	N/A	18%	21%	22%	20%	22%
Strongly agree or agree that their teachers really care about them and give them a lot of encouragement	52%	59%	49%	55%	46%	55%
Are alone without a parent or adult three or more hours per day on an average school day	35%	27%	33%	24%	34%	25%